

At dsm-firmenich, we see active pregnancies that lead to happy & healthy mothers & babies

Inadequate nutrient intakes among women of child bearing age worldwide are common...

Preconception ¹

- Vitamin A
- Vitamin C
- Vitamin B6
- Vitamin E
- Folic Acid
- Iron
- Zinc
- Magnesium
- Iodine



Pregnancy ²

- Folic Acid
- Carotenoids
- Choline
- Iron
- Vitamin D
- Iodine
- DHA



Postnatal ²

- Vitamin A
- Vitamin B6
- Choline
- Iodine
- Zinc
- Vitamin B12
- Folate
- Lutein
- Zeaxanthin
- DHA
- Vitamin E



...and some nutrients offer key health benefits along the maternal journey

Preconception	Pregnancy	Postnatal
Importance of folate to reduce the risk of Neural Tube Defects		
	Importance of iron, DHA and micronutrients to support the healthy development of the baby	
	DHA may help to reduce the risk of preterm birth	
		Supporting recovery, energy levels and mood with multivitamins
		Galactagogues contribution to the production of breast milk
	Strengthening immunity of mum and baby with multivitamins	

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